

**WESTERLY SENIOR CITIZENS MENU**

Westerly Senior Citizens Center Menu	<h1 style="margin: 0;">MAY 2022</h1>	<b>FOR RESERVATIONS</b> CALL(401) 596-7216
---	--------------------------------------	---

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Vanilla yogurt <b>Scrambled eggs</b> Bacon & Sausage Home Fries Banana bread  Ham, egg, cheese Bagel	<b>3</b> Kale & Bean Soup <b>Rigatoni w/meatball and sausage</b> Tossed Salad Garlic Bread, Fruit  Chicken Salad on WW	<b>4</b> Greek cucumber salad <b>Sloppy Joe</b> Whole Wheat roll Roasted Veggie Salad Cookie  Egg Salad on WW	<b>5</b> Italian Wedding Soup <b>Stuffed Breast Chicken</b> Delmonico potatoes Green beans & carrots Cup Cake  Turkey on rye Bread	<b>6</b> Tomato Soup <b>Beef casserole over</b> Cheesy buttered Pasta Mixed Vegetable Sliced Pears, Roll  Seafood salad/ W Roll
<b>9</b> Fruit Cup <b>Marinated grilled chicken</b> Rice pilaf (brown) Green beans Roll / Cookie  Egg salad on rye	<b>10</b> Black bean/couscous salad <b>Meatball sandwich</b> Roasted zucchini/carrots Apple slices Multi grain roll  Chicken salad/W Roll	<b>11</b> Chicken soup <b>Chicken scallopini</b> Mashed garlic potatoes Sliced carrots WW roll, Fruit  Turkey on rye bread	<b>12</b> Tomato Soup <b>Ground beef patty</b> W/ mushroom/onion gravy Peas & Carrots Sliced Peaches, roll  Ham & Cheese on WW	<b>13</b> Caesar salad <b>American chop suey</b> Roasted zucchini Garlic bread Oatmeal Cookie  Salami/ham/cheese/roll
<b>16</b> Chopped Salad <b>Pub burger w/cheese</b> Cole slaw Whole Wheat roll Cookie  Ham & Swiss / WW	<b>17</b> Navy bean soup <b>Chicken Vesuvio</b> Potato, mushrooms/peas W Wheat roll Pudding  Corned beef on rye	<b>18</b> Beet salad <b>Swedish meatballs</b> Mashed potatoes Sliced carrots Multi grain bread, sliced fruit  Salami/cheese on W roll	<b>19</b> Chicken Soup <b>Pork roast w/gravy</b> Sweet potato Yellow cake Rye Bread  Turkey/Multi grain	<b>20</b> Greek salad <b>Sausage/pepper sandwich</b> Wheat roll Italian green beans Sliced pears  Seafood salad / W roll
<b>23</b> Vegetable Soup <b>Breaded chicken gravy</b> Sweet Potatoes Wax beans Multi grain roll, pudding  Egg salad on multi grain	<b>24</b> Lentil soup <b>Eggplant Bolognese</b> Rice pilaf Roasted carrot/zucchini Fruit  Turkey on multi grain	<b>25</b> Greek cucumber salad <b>Chicken cacciatore</b> Smashed potatoes Garlic bread Fruit  Chicken on W Wheat roll	<b>26</b> Minestrone Soup <b>Pot roast w/gravy</b> Mixed vegetables Mashed potatoes Oatmeal Cookie  Corned beef on Rye	<b>27</b> Black bean / couscous salad <b>French onion chicken</b> Roasted potatoes Mixed vegetables Garlic bread, pudding  Seafood salad/multi grain
<b>30</b> Tomato Soup <b>Rosemary chicken leg qtr</b> Wax beans Mashed potatoes Marble bread, sliced fruit  Chicken sandwich / WW	<b>31</b> Onion soup w/croutons <b>Balsamic pork loin</b> Roasted green beans/carrots Roasted smashed potato WW roll, Cake  Turkey WW wrap			