

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Lentil Soup 1 Chicken Parmesan Seasoned Cauliflower Roasted Potato Italian Bread Dessert OR Seafood on Rye</p>	<p>Chicken Noodle 2 Shepherd's Pie Mashed Potatoes Biscuit Dessert OR Turkey Sandwich on Wheat Bread</p>	<p>Tomato Soup 3 Meatball Stroganoff Buttered Pasta Green Beans Garlic Bread Dessert OR Egg Salad on Rye</p>	<p>Vegetable Soup 4 Baked Ham w/ Gravy Sliced Carrots Sweet Potato Whole Wheat Roll Dessert OR Chicken Salad</p>	<p>Kale & Bean Soup 5 Baked Fish Provencal Rice Pilaf Mixed Vegetables Dessert OR Ham & Swiss on Wheat Roll</p>	
<p>Apple Juice 8 Minestrone Soup Meatball & Pepper Sandwich Roasted Potato 3 Bean Salad OR Chicken Sandwich on Wheat Roll</p>	<p>Tomato Soup 9 Chicken Teriyaki Stir Fry Veggies Oriental Rice Dessert OR Ham Salad Sand. On Wheat Roll</p>	<p>Split Pea Soup 10 Beef Casserole Over Cheesy Buttered Noodles Sliced Carrots Garlic Bread Dessert OR Turkey on Rye Bread</p>	<p>11 MEALSITE CLOSED FOR VETERANS' DAY</p>	<p>Mushroom Barley 12 Soup Roast Pork Loin Mashed Sweet Potatoes Italian Green Beans Snowflake Roll Dessert OR Egg Salad on Wheat</p>	
<p>Cream of Broccoli 15 Mixed Greens & Toms Rotini w/ Ground Beef & Spinach Sliced Italian Bread Dessert OR Seafood Salad on Wheat Bread</p>	<p>Navy Bean Soup 16 Poor Man's Pepper Steak Mashed Potatoes Mixed Vegetables Dessert Whole Wheat Roll OR Tuna Salad on Rye</p>	<p>Beef Stew 17 Cucumber & Pea Salad Sliced Fresh Fruit Biscuit Dessert OR Salami & Cheese on Wheat Roll</p>	<p>Ital. Wedding Soup 18 Sliced Turkey w/ Gravy Stuffing/Roasted Potato Butternut Squash Cranberry Sauce/Roll Dessert OR Roasted Turkey Roll</p>	<p>Red Clam Chowder 19 Baked Fish w/ Lemon Butter Rice Pilaf Broccoli Florets Dessert OR Egg Salad on Whole Wheat Bread</p>	
<p>Chicken Noodle Soup 22 Sloppy Joe on Whole Wheat Roll Roasted Potato Creamed Spinach Dessert OR Ham & Swiss on Rye</p>	<p>Tomato Soup 23 Lemon Chicken Potatoes O'Brien Sliced Carrots Multi Grain Roll Dessert OR Egg Salad on Wheat Roll</p>	<p>Orange Juice 24 Cheese Omelet Mini Bagel Home Fries Fresh Fruit OR Sausage, Egg, and Cheese on Bagel</p>	 <p>Happy Thanksgiving</p>		
<p>Minestrone Soup 29 Pub Burger w/Cheese on Whole Wheat Roll Mixed Vegetables Dessert OR Turkey & Swiss on Whole Wheat</p>	<p>Apple Juice 30 Chicken Stew Tossed Salad Whole Wheat Roll Dessert OR Salami & Cheese on Whole Wheat Roll</p>			<p>Grab 'N Go meals are available for take-out or as the second option. They will include a side, fruit, and chips.</p>	<p>The suggested donation is \$3 per meal. Thank you for your donations which help maintain the meal program.</p>