


WESTERLY SENIOR CITIZENS CENTER

Westerly Senior Citizens Center Menu

MAY

FOR RESERVATIONS CALL (401) 596-7216

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1		2
		Fresh fruit Scrambled eggs Home fries Bacon & sausage Assorted muffins Chef salad		Vegetable soup Italian beef sandwich Roasted mixed vegetables Chips Watermelon Tuna salad plate
5	6	7	8	9
Escarole bean & sausage soup Chicken Diane Rice Florentine Green beans Ww roll Brownie Ham & cheese on rye	Minestrone soup Swiss steak Mashed potatoes Baby carrots Ww Roll Fresh melon Tossed salad w/ chicken	Vegetable lentil soup Pork chop Italiano Rice pilaf Peas & onion Ww roll Sliced pears Seafood salad sandwich	Tomato soup Stuffed meatloaf Mixed vegetables Roasted potatoes Roll Cookies Chef salad	Vegetable barley soup Pub burger Cole slaw Potato wedges Ww roll Mixed fruit Turkey sandwich
12	13	14	15	16
Tuscan white bean soup Shepards pie Mashed potato Ww roll Sliced peaches Chicken salad sandwich	Mushroom barley soup Grilled chicken Spanish rice Capri vegetable blend Ww roll Brownie Chef salad	Cabbage soup Pork shoulder w/ gravy Rice pilaf Green beans Ww roll Watermelon Tuna salad plate	Cauliflower tomato soup Open turkey sandwich Mashed sweet potatoes Stuffing Ww bread Cake Tossed salad w/ chicken	Chicken soup Cheesy baked pasta/sausage Roasted zucchini Ww garlic roll Pineapple chunks Corned beef on rye
19	20	21	22	23
Vegetable lentil soup Meatball/pepper sandwich Potato wedges Cole slaw Watermelon Roast beef on roll	Escarole & bean soup Creamy Tuscan chicken thighs Mixed vegetables Rice pilaf Ww roll Sliced pears Chicken salad plate	Tomato soup Honey garlic pork tenderloin Mushroom rice pilaf Buttered corn Ww Roll Brownie Seafood salad sandwich	Vegetable soup Beef tips w/mushroom gravy Mashed potatoes Baby carrots Ww roll Cake Chopped salad w/chicken	Chicken escarole soup Chicken marsala Roasted potatoes Brussel sprouts Ww roll Peaches Tuna salad plate
26	27	28	29	30
	Kale & bean soup BBQ chicken Roasted potatoes Green beans Ww roll Fresh fruit Turkey sandwich	Meatball soup Crustless chicken pot pie Mashed potatoes WWroll Oatmeal Cookies Italian grinder	Split pea soup Stuffed pork chop Rice Pilaf Zucchini w/tomatoes WW roll Fruit Cocktail Tossed salad w/grilled	Creamy chicken tomato soup Fish sandwich Cole slaw Sliced potatoes Ww roll Cake Corned beef on rye