


WESTERLY SENIOR CITIZENS CENTER

**Westerly Senior Citizens
Center Menu**

November

**FOR RESERVATIONS
CALL (401) 596-7216**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
4	5	6	7	8
				<p align="center">1</p> <p>Mushroom barley soup French onion baked chicken Rice pilaf Italian mixed vegetable Ww roll Sliced peaches</p> <p align="center">Chicken salad plate</p>
<p>Chicken soup Marry me meatballs Rice pilaf Green beans Ww roll Cookies</p> <p align="center">Ham salad on rye</p>	<p>Minestrone soup Chicken teriyaki Roasted carrots & broccoli Steamed white rice Ww Roll Sliced pears</p> <p align="center">Tossed salad w/ chicken</p>	<p>Beef lentil soup Sausage peppers Roasted potatoes Ww roll Fresh melon</p> <p align="center">Seafood Salad Plate</p>	<p>Tomato soup Pork scallopini Mashed potatoes Baby carrots Ww roll Sliced peaches</p> <p align="center">Tuna salad sandwich</p>	<p>Cream of broccoli soup Sloppy joe Sliced potatoes Cole slaw Ww roll Mixed fruit</p> <p align="center">Turkey & bacon sandwich</p>
11	12	13	14	15
<p align="center">Center Closed</p>  <p align="center">VETERANS DAY</p>	<p>Kale & bean soup Chicken w/roasted tomato Mushrooms & red onion Rice pilaf Ww roll Sliced pears</p> <p align="center">Roast beef on roll</p>	<p>Navy bean soup Pork roast w/ gravy Mashed sweet potatoes Green beans Ww Roll Cake</p> <p align="center">Seafood salad plate</p>	<p>Chicken soup Stuffed meatloaf Mashed potatoes Buttered corn Ww roll Sliced peaches</p> <p align="center">Chicken salad sandwich</p>	<p>Vegetable barley soup Shepards pie Mashed potato Ww roll Cookie</p> <p align="center">Ham & cheese on wheat</p>
18	19	20	21	22
<p>Tomato soup Honey Glazed chicken Rice pilaf florentine Roasted mixed vegetables Ww roll Oatmeal cookie</p> <p align="center">Turkey sandwich</p>	<p>Chicken soup Meatball/peppers sandwich Green beans Sliced potatoes Roll Sliced peaches</p> <p align="center">Chef salad</p>	<p>Tuscan white bean soup Pasta al la norma/eggplant Ground beef Zucchini & carrots Ww roll Lorna Doone cookie</p> <p align="center">Tossed salad w/ chicken</p>	<p>Squash soup Roast turkey w/gravy Stuffing Mashed potatoes Roasted vegetables Cranberry sauce roll</p> <p align="center">Holiday Pies</p>	<p>Escarole/bean/sausage soup Pub burger w/cheese Potatoes wedges 3 – bean salad Ww roll Fresh fruit</p> <p align="center">Waldor Salad w/chicken</p>
25	26	27	28	29
<p>Chicken escarole soup Lasagna roll up w/meat sauce Wax beans Ww roll Sliced peaches</p> <p align="center">Roast beef on roll</p>	<p>Roasted Cauliflower soup Marry me chicken Rice pilaf Corn & carrots Ww roll Cookie</p> <p align="center">Cobb salad</p>	<p>Vegetable soup Roast beef w/gravy Mashed sweet potato Mixed vegetables Ww roll Mixed Fruit</p> <p align="center">Egg salad sandwich</p>		